

Life Group Discussion Guide for Incarnational Lifestyle Rhythms #5

Rhythms that we have discussed so far:

- 1) Prayer is Air – My prayer life determines whether I am able to see what God is doing around me so that I can join him in it.
- 2) Shine Steady - I want the integrity of how I live my life to help point people to Jesus
- 3) Live to Give - Blessing people can be messy – but it’s worth it because it opens up doors.
- 4) Be a Friend – I will look for opportunities to be a friend to people.

Icebreaker (Goal: to re-connect with each other)

Discussion Questions:

- Who would you say were your best and worst coaches and/or teachers you had while you were growing up?
- What was it about them that made you feel that way?
- Are there some common characteristics of good coaches/teachers that surface from your recollections?

Worship (Goal: to refocus our attention of what God is or has been doing in and around us)

- Where have you seen or experienced God at work this week?
- Who has been working on the rhythm of “prayer?” Can you share what you have been learning?
- Who has been working on the rhythm of “Shining Steady?” Can you share what you have been learning?
- Who has been working on the rhythm of “Live to Give?” (Blessing) Can you share what you have been learning?
- Who has been working of the rhythm of “Be a Friend?” Can you share what you have been learning?

Study & Discuss (Goal: inside out transformation through deeper understanding of truth)

Rhythm #5 – Coaching

Lead off Question:

- Do you think Paul was a “good disciple-maker?” What is the evidence?

Read: Galatians 4:12-20

- Who is the writer? Who is the audience?
- From this passage, what qualities are referred to that made Paul a “good disciple-maker?”
 - What evidence is there that Paul was “Committed to Spiritual Growth (progress) ?”
 - “Christ formed in you”
 - What evidence is there that Paul was “Committed Relationally?”

- “brothers”
- “dear children”
- What evidence is there that Paul was “Committed Sacrificially?”
 - “Child-birth image”
- What evidence is there that Paul was “Committed Incarnationally?”
 - “I became like you” (see 1 Cor 9:19-23 for more on how Paul developed the missionary attitude of understanding and adopting the culture of those he was trying to reach)

Reflect... *(goal: to wrestle with what this truth means to me)*

- Think back to the best coaches and teachers in your life, were they committed to “Growth, Relationship, Sacrifice and Incarnationality*”? (*this is probably not a word – but hopefully you get my drift!)
- Have you ever had the chance to “coach” someone in a spiritual sense? Share with your group what that was like and what you learned from it.
- Why do you think that so few “Christians” are actively involved in coaching relationships?

Apply... *(goal: to think about the implications of what we have discussed)*

- What could our group do to help improve our commitment to coaching people in their spiritual development?
 - Regularly ask the question as a group to each other – “Who have you been coaching recently?”
- Who has God placed you in connection to that you could or should be more intentionally coaching in their spiritual progress? (could be pre or post faith in Jesus)
- What will you do to start the ball rolling?

Focus... *(Goal: to summarize what we should be walking away from our discussion with)*

- What is the one most important thing that God has revealed to you through our discussion?
- What is the one most important difference that this discussion should be making in your life this week