

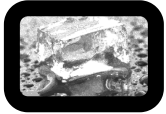


Life Group Discussion Guide

The Big Ideas:
Prayer is essential
Shining is unavoidable

Prayer is a vital part of the journey of the Christ follower. It can also be a great challenge to practice consistently. A large part of this challenge is how we move away from dependence on self to dependence on God.

Our character goes before us whether we like it or not. Does your character have the integrity to support an incarnational lifestyle? What do we do if we don't think our lives shine bright enough?



Icebreaker (5 min)

Goal: Horizontal - to appreciate more about each other

↑
appreciate



Worship (5 min)

Goal: Vertical -to draw attention to spiritual reality!

↑
realize

Share something meaningful from your week like: *(Some groups may use music to facilitate worship!)*

- › A prayer answered during the week
- › Something God did for them this week
- › Something you've learned about following Christ
- › One attribute of God that was demonstrated to them this week



Study & Discuss (25 min)

Goal: Depth -understanding and applying truth to our reality.

↓
understand

As a group, take a look at 1 Thessalonians 5:17.

- ▶ what do you think it means to pray without ceasing?
- ▶ How could normal people pray w/o ceasing?
- ▶ How you would respond to a friend who said to you, "sometimes I feel like prayer is the biggest waste of time."
- ▶ If you are comfortable sharing tell your group about a time when God answered a prayer for you in a really significant way?
- ▶ Discuss some different strategies for how to develop a more natural prayer rhythm in your lives.
- ▶ What could your group commit to as a group goal for prayer this week? Throughout this study?

